



Family Devotionals and Sacrament Schedule

Eucharistic Adoration

St. Anne's Chapel at
St. Louis Bertrand, Foreston
Monday at 8:00 a.m. until
Saturday at 7:00 a.m.

St. Mary's, Milaca following
Daily Mass each Thursday until
5:00 p.m. Except the Thursday
before First Friday, then
Adoration closes after
Reconciliation at 5:45 p.m.

Reconciliation

Saturdays

Confession at 3:00 p.m. in
Foreston and after 6:00 p.m.
Mass in Ogilvie.

Sundays

Confession upon request before
Mass in Milaca and Mora.

Second Friday of Each Month

Confession at St. Mary's, Mora
from 7:30 to 8:30 a.m.

Thursday before First Friday

Confession at St. Mary's, Milaca
from 4:45 to 5:45 p.m.

Family Rosary

Sundays at St. Mary's, Milaca at
6:00 p.m.

First Friday

Mass at St. Mary's, Mora each
First Friday at 7:00 a.m.

First Saturday

Prayers and devotions on the
first Saturday of each month held
at St. Mary's, Milaca at 9:00 a.m.

*"In the Bread which came
down from heaven, the family
will be able to find the support
that will keep it united in the
face of today's threats and
will preserve it as a bastion of
life, steadfast against the
culture of death."*

St. John Paul II



February is Dedicated to the Holy Family

"I am the light of the world," Jesus said, "whoever follows me, will not walk in darkness, but will have the light of life" (John 8:12).

This year, the entire month of February falls during the liturgical season of Ordinary Time, which is represented by the liturgical color green, a symbol of hope.

The month of February is traditionally dedicated to the Holy Family. It bridges the seasons of Christmas and Easter. Between the events of Christ's birth and the beginning of His public ministry, the Church holds up the Holy Family as an example to be modeled in our Christian family life.

The month begins with the Feast of the Presentation of the Lord on February 2, forty days after the birth of Jesus. It is also known as the Feast of the Purification of the Blessed Virgin Mary or more popularly, Candlemas. The liturgy includes the blessing and procession of candles, symbolizing the light of Christ coming into the world.

This feast is based on the Scripture passage in Luke 2:22-40 where the Holy Family journeys to Jerusalem forty days after the birth of Jesus to present Him to God and offer sacrifice in the temple.

At this time, Mary completes the ritual purification required of women after childbirth, and Joseph offers the sacrifice for the redemption of the firstborn male, as written in the Mosaic Law.

Honoring the Holy Family is a major way to restore the family to its truly God-given place. The Church has taught how the Holy Family is the model, the example, for all families. St. John Paul II called "the family of Nazareth a model for every home." He stressed, "The history of mankind, the history of salvation, passes by way of the family." In fact, the

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saintly pope made it plain that he was trying "to show how the family is placed at the center of the great struggle between good and evil, between life and death, between love and all that is opposed to love."

The Holy Family was the first domestic church, and we can imitate them by praying together as a family. Husbands and wives together. Fathers, mothers, and children together.

A Prayer for Our Families

Father, help us to live as the holy family, united in respect and love. Bring us to the joy and peace of your eternal home. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

This Month's Q&A

Q. Why is the family called the Domestic Church?

A. It means that it is in the context of the family that we first learn who God is and to prayerfully seek His will for us.

The United States Council of Catholic Bishops (USCCB) provides some helpful ways that families can live out their vocation as the domestic Church. Suggestions include praying as a family daily, keeping physical reminders of faith (such as a crucifix) in the house, and celebrating the liturgical feasts of the Church.

The Catholic Church recognizes that grace builds upon nature. Family is one of the most basic, yet important gifts that God has given us. Through a firm marital commitment between men and women, and through their own active participation in the faith and their pledge to raise their children with a love for Christ and His Church, the domestic church is one of first places that young Catholics experience the light of the faith in their own lives.

**Join us for our Four Pillars in Faith ACC Parish Mission February 7 – 9
Held at St. Mary's, Milaca**

Fr. Louis Guardiola of the Fathers of Mercy will be speaking at all Four Pillars in Faith ACC weekend Masses, February 5 and 6 and will have a presentation each evening Monday through Wednesday (February 7-9) at St. Mary's, Milaca. The theme for the Mission will be *"Eucharistic Adoration Is Our Salvation."*

Monday, February 7 – Wednesday, February 9 Evening Schedule:

5:15 PM – 5:45 PM – Reconciliation

5:30 PM – Rosary

6:00 PM – Mass

7:00 PM – 8:00 PM – Fr. Louis Guardiola's Presentation



Monday: *The Holy Eucharist: Sacrifice, Holy Communion and Real Presence Sacrament*

Tuesday: *The Importance and Value of Eucharistic Adoration*

Wednesday: *Social World Transformation through Personal Eucharistic Transformation*

Vatican International Exhibit of the Eucharistic Miracles of the World

St. Mary's, Milaca will host the exhibit during the parish mission. This exhibit includes 126 historically documented Eucharistic miracles that have occurred in various countries since the Last Supper. These are visible proof of Jesus Christ's Real Presence in the Holy Eucharist. All are welcome including members of other faiths. Free admission.

February 3 – St. Blaise: Blessing of Throats

The little that is known about St. Blaise draws a connection between the saint and throat diseases. That is why, every year on (or around) his feast day, most parishes celebrate the Feast with a special blessing of throats involving two crossed candles, that the celebrant or other minister touches to the throat of every person while saying, *"Through the intercession of St. Blaise, bishop and martyr, may God deliver you from every disease of the throat and from every other illness: in the name of the Father, and of the Son, and of the Holy Spirit. Amen. Do not be afraid to ask St. Blaise for his intercession! He will help you! St. Blaise, pray for us!*

February 14 – St. Valentine

In 1969, the Roman Catholic Church removed St. Valentine from the General Roman Calendar, because so little is known about him. However, the church still recognizes him as a saint. One variation of a legend of St. Valentine says he refused to sacrifice to pagan gods, was imprisoned, and while imprisoned he healed the jailer's blind daughter. On the day of his execution, he left the girl a note signed, "Your Valentine."

Saint Feast Days in February

2	Feast Presentation of the Lord
3	St. Blaise
5	St. Agatha
10	St. Scholastica
11	Our Lady of Lourdes
14	Ss. Cyril and Methodius
22	Feast of Chair of St. Peter
23	St. Polycarp of Smyrna

February 2 - 6:15pm – 7:45pm

Class at St. Mary's for all St. Louis/ St. Mary's Students, Parents & Parishioners, and guests

Guest Speaker: Kory LaCroix presents:
*The Sacrament of Conversion,
the Sacrament of a New Heart*

February Software Pick

Laudate App

A comprehensive and free Catholic App. Offering Daily Prayer and Bible Verse, Stations of the Cross, Liturgy of the Hours, Latin Mass, Interactive Rosary and Chaplet of Divine Mercy, Seven Sorrows Rosary, Chaplet of St. Michael and so much more.

Chief Effects of the Sacrament of Matrimony

First, an increase of sanctifying grace. Secondly, the special help of God for husband and wife to love each other faithfully, to bear with each other's faults, and to bring up their children properly. (Lesson 35 from the Baltimore Catechism)

Tools for Building a Domestic Church

According to the Second Vatican Council's Dogmatic Constitution on the Church: "The family, is, so to speak, the domestic church." (Lumen Gentium #11) This means that it is in the context of the family that we first learn who God is and to prayerfully seek His will for us. In the following bullet points you will find some suggestions on how to build your "domestic church" through a life of prayer that can help all the members of your family.

- Begin praying as a family and reading from Scripture daily, certainly before meals, but also first thing in the morning or before bed.
- Make a visit to see Jesus in Eucharistic Adoration.
- Have your home enthroned to the Sacred Heart of Jesus.
- Pray a Family Rosary (each member leads a decade, and everyone shares intentions).
- Have a crucifix in a prominent place in the home and in every bedroom.
- Make the Sacraments a regular celebration – take the whole family to Confession and Mass!
- Begin family traditions based on the seasons celebrated in the liturgical calendar.
- Make your vacation a holy pilgrimage by visiting the shrines and saints of our land and the world.
- Make worshiping God a priority. Never miss Mass, even while traveling – go to: www.MassTimes.org to find a church near you!
- Teach stewardship and charity to your children, through word and example.
- Demonstrate love for your spouse, your children, your neighbors, and the world. Remind your children that they are loved by God and have been given gifts to serve others.
- Talk freely about the presence of God in the joys and sorrows of your life.
- Welcome into your home and support priests, brothers, sisters, deacons, and lay ministers in the Church.
- Participate in the lay ministries and activities of your parish community.
- Allow your children to witness you in private prayer. Encourage your children to pray daily on their own, to listen for God's call, and if heard, to respond.

For more ideas on how to build your home as a Domestic Church, go to: www.domestic-church.com or visit [The Family Fully Alive](#), sponsored by the Knights of Columbus.